

HAF May 2023 Update (26/05/2023)

Summer & Winter 2023 Application Window Closed

We had a vast amount of applications for the Summer and Winter 2023 Programmes. We will be in touch with all voluntary and community providers next week to let them know the outcome of their application.



Using a Park for Your Activities



If you are using a park as part of your activity programme over the Summer, you **must** book the park through Hull Culture and Leisure (HCaL).

To book use of a park please complete the booking form, which can be found on the [provider page](#) of the Healthy Holidays website.

Summer 2023 Monitoring Returns

The monitoring for all summer delivery will need to be submitted no later than one week after your delivery finishes.

Once grants have been confirmed next week you will receive the summer Monitoring spreadsheet that you need to submit via SFX.

If you need setting up on SFX then please email Kirsty.leake@hullcc.gov.uk with the name and email address of the person who will be submitting the monitoring so we can get them set up.

If you have any questions on the monitoring for the programme then please contact Adam.McWhannell@hullcc.gov.uk or Kirsty.leake@hullcc.gov.uk

Top Tips for Cooking Activities



In partnership with StreetGames and Hull City Council's Healthy Lifestyles team we are delivering two training workshops to support organisations within the Healthy Holidays Programme and those delivering on activity programmes for children and young people.

The workshops aim to give you some top tips and practical ideas on how to deliver cooking/food preparation sessions.

We will be running two workshops. They are both the same, just at different times. Pick one and use the relevant booking link below to book your place.

- **Monday 12th June 2023 - 10am -1pm @ The Hut – Child Dynamix, Preston Road, Hull, HU9 5HY**
<https://www.eventbrite.co.uk/e/top-tips-for-cooking-activities-tickets-634641368417>
- **Tuesday 27th June 2023 - 5:30pm to 8:30pm @ Hull FC Community Foundation, West Park, Hull, HU3 6HU**
<https://www.eventbrite.co.uk/e/top-tips-for-cooking-activities-tickets-634653404417>

There will be a free cooking resource pack for those organisations that attend, to support the delivery of food and cooking activities.

Please share this information within your organisation so those that are interested can attend. The poster for the workshops is attached.

If you have any questions or want any more information please get in touch with Kirsty.leake@hullcc.gov.uk

Grants/Funding Available

We have pulled together some funding opportunities that maybe of relevance to you. Here's a roundup of what we found.

Community Fridge Food Hubs Fund

Through their partnership initiative, Co-op and Hubbub Foundation have so far funded the creation of 350 Community Fridges.

Now, with funding from additional partners The Rothschild Foundation and the Starbucks Foundation, this programme will support the development of 50 Community Fridges into Food Hubs that support even more community food-based activities.

Grants are available to non-profit organisations with an open community fridge to develop additional 'food hub' activities across the UK.

Funding body: Co-operative Group

Maximum value: £ 7,000

Application deadline: 31/05/2023

The funding is intended to increase the social and environmental impact of community fridges by allowing them to deliver their own activities that will bring local people together and provide access to healthy, affordable and sustainable food.

For more information click [here](#).

Hilden Charitable Fund Now Accepting UK Applications

Non-profit groups can now apply to the next grants round from Hilden Charitable Fund which aims to address disadvantage, notably by supporting causes which are unlikely to raise funds from public subscriptions.

The following groups may apply for funding:

- Registered charities.
- Charitable companies.
- Community Interest Companies.
- Charitable Incorporated Organisations (CIOs).
- Excepted charities.

Applicants should have an average income of less than £250,000 over the past three years, as the funders would prefer to support smaller organisations. Unrestricted grants of core or project funding are available. However, to be eligible for unrestricted funding all of an organisation's work must meet the Fund's criteria

Activities must fall into one of two programme areas:

- Asylum seekers - for organisations working to provide essential services which help meet the needs of asylum seekers and refugees and support their integration into the wider community.
- Penal Affairs – for work "through the door" where organisations go into prisons with projects and support to help prisoners (especially women) cope and/or maintain family bonds and to be better able to resettle positively when released.

Grants will usually be in the range of £5,000 to £7,000 per year for up to two years. **The deadline to apply is 7 July 2023 (4pm).**

Cycling UK Reopens Big Bike Revival Grants Programme for 2023

Cycling UK is offering grants of up to £2,000 for voluntary and community cycle groups and other not-for-profit organisations across England to deliver projects and activities that achieve the following objectives:

- Encourage people who don't cycle to cycle.
- Encourage people to cycle more often.
- Increase short cycling trips.
- Improve the perception of cycling safety.
- Improve people's confidence to cycle.

The Big Bike Revival Grants Programme will support events and activities that use the 'fix-learn-ride' model to provide sessions for people groups that are underrepresented in cycling, such as:

- People on low incomes.
- People who suffer from poor mental health.
- People who are not meeting physical activity guidelines.
- People who are homeless.
- People lacking confidence.
- People who are unemployed.
- Military veterans.
- People who are experiencing substance abuse.
- People who are ethnically diverse.
- Refugees and asylum seekers.
- People experiencing transport poverty.
- People with perceived barriers to cycling.

Funding can be used for costs including but not limited to:

- Staff costs.
- Volunteer expenses, such as refreshments and travel.
- Equipment purchases, including tools, bikes, bike parking, locks, helmets, high-vis jackets, and pumps.
- Equipment hirings, such as cones, high-vis jackets, helmets, or bikes.
- Consumables, including brake pads, inner tubes, cables, lubricant, or small parts.
- Venue hires or location fees.
- Participant refreshments such as reasonable drinks and snacks
- Promotion costs
- Transport, including transportation of goods to and from the event location
- Personal Protection Equipment.

Funding is for activities delivered between 15 May 2023 and 30 September 2023.

The deadline for applications is 31 July 2023.

National Express Foundation's Community Grant Scheme Opens to Applications from across UK

In 2023, the National Express Foundation has expanded its community grants programme from the West Midlands to include the whole of the UK.

This year's funding focus is to help community groups that support young people (aged 15 to 24 years) continue to build back from the pandemic.

There is a total budget of £100,000 with grants of £1,000, £2,500, or £5,000 for projects which begin in the third quarter of 2023.

Projects need to fit into one or more of the following funding themes:

- **Diversions Activities.** Initiatives that specifically focus on engaging with young people, providing them support and deterring anti-social behaviour.
- **Environmental.** Initiatives could include but are not limited to: encouraging young people to engage with the outdoors, initiatives that support the environment and involve youth groups
- **Employability.** Initiatives that directly or indirectly equip young people with skills, experience or qualifications that will support them gaining access to employment.
- **Wellbeing.** Initiatives that positively impact or provide support to young people through: physical activity, mental health and/ or social interaction.

Applications will be accepted from unincorporated associations, charities, Community Interest Companies (CIC), Charitable Incorporated Organisations (CIO), voluntary groups, and sports and community clubs with an annual turnover of less than £ 250,000.

There is a two-stage application process. **The deadline for first stage applications is 6 June 2023.**

Healthy Heart Grants Now Open for England Applications

Working in partnership with the SUBWAY franchise, Heart Research UK is accepting applications to the next round of its programme for the promotion of heart health. With each region of the UK having its own funding window, the current round is open for groups in England. Two grants of £15,000 each will be awarded.

Funding is for new projects that work with communities to prevent heart disease, particularly for vulnerable and isolated groups of individuals who are at an increased risk of developing heart problems in the future. Projects that are likely to have a big impact and have considered novel ways to encourage people to look after their hearts and promote positive lifestyle changes are also sought.

Activities must focus on one or more of the following risk factors of heart disease:

- Nutrition and Healthy Eating.
- Physical Activity.
- Smoking.
- Alcohol.

Not-for-profit organisations with a turnover of less than £1 million are eligible to apply. This includes charities, community groups, voluntary organisations, and sports groups. **The deadline to apply is 8 June 2023.**

Co-op Local Fund Reopens for 2023 Applications

Voluntary, community and social enterprise (VCSE) organisations across the UK and Isle of Man can now apply for grants from the Co-op Local Community Fund, which allows Co-op members to support the projects they care most about.

The grants will be awarded for projects around Co-op food stores and funeral homes that:

- Bring people together to access food.
- Help to improve people's mental wellbeing.
- Create opportunities for young people to be heard and make a difference.
- Help people to save and restore nature or tackle climate change.

Funding is determined by Co-op community members who vote on the project they wish to support in their local community. The more Co-op members that support the project and shop at Co-op, the more money groups will receive.

In most areas, this is between £1,000 and £3,000 on average. Successful groups will receive a minimum of £1,000 to support their projects.

Groups can use the postcode checker on the Co-op website to receive an estimation of the average grant size in their area.

The deadline to apply is midnight on 7 June 2023.
