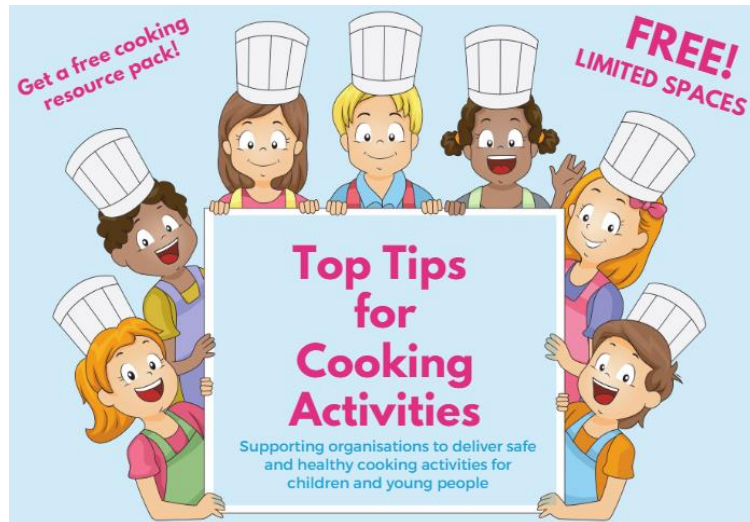


HAF June 2023 Update (05/06/2023)

Top Tips for Cooking Activities



In partnership with StreetGames and Hull City Council's Healthy Lifestyles team we are delivering two training workshops to support organisations within the Healthy Holidays Programme and those delivering on activity programmes for children and young people.

The workshops aim to give you some top tips and practical ideas on how to deliver cooking/food preparation sessions.

We will be running two workshops. They are both the same, just at different times. Pick one and use the relevant booking link below to book your place.

- **Monday 12th June 2023 - 10am -1pm @ The Hut – Child Dynamix, Preston Road, Hull, HU9 5HY**
<https://www.eventbrite.co.uk/e/top-tips-for-cooking-activities-tickets-634641368417>
- **Tuesday 27th June 2023 - 5:30pm to 8:30pm @ Hull FC Community Foundation, West Park, Hull, HU3 6HU**
<https://www.eventbrite.co.uk/e/top-tips-for-cooking-activities-tickets-634653404417>

There will be a free cooking resource pack for those organisations that attend, to support the delivery of food and cooking activities.

Please share this information within your organisation so those that are interested can attend. The poster for the workshops is attached.

If you have any questions or want any more information please get in touch with Kirsty.leake@hullcc.gov.uk

Healthy Holidays Summer Training Programme - Coming Soon

We will soon be able to share with you the Summer 2023 Training Programme for Healthy Holidays providers and partners.



As soon as it is finalised we will get that information to you.

If you have any staff or volunteers that need to update Safeguarding or First Aid or any that need to complete the L2 Food Hygiene Certificate then please let them know dates will be released soon. Please also ensure you share the information with them when it becomes available.

We will also have some other workshops and training as part of the offer to support all groups and organisations in the delivery of their Healthy Holidays activities.

Using a Park for Your Activities



If you are using a park as part of your activity programme over the Summer, you **must** book the park through Hull Culture and Leisure (HCaL).

To book use of a park please complete the booking form, which can be found on the [provider page](#) of the Healthy Holidays website.

Summer 2023 Monitoring Returns



The monitoring for all summer delivery will need to be submitted no later than one week after your delivery finishes.

You will soon receive the summer Monitoring spreadsheet that you need to submit via SFX.

If you need setting up on SFX then please email Kirsty.leake@hullcc.gov.uk with the name and email address of the person who will be submitting the monitoring so we can get them set up.

If you have any questions on the monitoring for the programme then please contact Adam.McWhannell@hullcc.gov.uk or Kirsty.leake@hullcc.gov.uk

Grants/Funding Available

We have pulled together some funding opportunities that maybe of relevance to you. Here's a roundup of what we found.

Poundland Foundation Reopens to Applications

Groups can now apply for the next round of Poundland Foundation's Kits for Kids programme, which will see local children's teams and clubs provided with new sports kit.

The funding is available for local charities, community interest companies and unregistered community organisations across the UK, providing they have an annual income of less than £10,000 and reserves of less than £5,000.

Organisations can apply for grants of up to £750. These must be spent on kit (clothing) for under 18s sports clubs.

Applicants must have a child safeguarding policy in place and have received no previous grants from Poundland Foundation. Successful organisations must agree to display the Poundland Foundation logo on their kit.

The deadline to apply is 5pm on 13 June 2023.

Hilden Charitable Fund Now Accepting UK Applications

Non-profit groups can now apply to the next grants round from Hilden Charitable Fund which aims to address disadvantage, notably by supporting causes which are unlikely to raise funds from public subscriptions.

The following groups may apply for funding:

- Registered charities.
- Charitable companies.
- Community Interest Companies.
- Charitable Incorporated Organisations (CIOs).
- Excepted charities.

Applicants should have an average income of less than £250,000 over the past three years, as the funders would prefer to support smaller organisations. Unrestricted grants of core or project funding are available. However, to be eligible for unrestricted funding all of an organisation's work must meet the Fund's criteria

Activities must fall into one of two programme areas:

- Asylum seekers - for organisations working to provide essential services which help meet the needs of asylum seekers and refugees and support their integration into the wider community.
- Penal Affairs – for work "through the door" where organisations go into prisons with projects and support to help prisoners (especially women) cope and/or maintain family bonds and to be better able to resettle positively when released.

Grants will usually be in the range of £5,000 to £7,000 per year for up to two years. **The deadline to apply is 7 July 2023 (4pm).**

Cycling UK Reopens Big Bike Revival Grants Programme for 2023

Cycling UK is offering grants of up to £2,000 for voluntary and community cycle groups and other not-for-profit organisations across England to deliver projects and activities that achieve the following objectives:

- Encourage people who don't cycle to cycle.
- Encourage people to cycle more often.
- Increase short cycling trips.
- Improve the perception of cycling safety.
- Improve people's confidence to cycle.

The Big Bike Revival Grants Programme will support events and activities that use the 'fix-learn-ride' model to provide sessions for people groups that are underrepresented in cycling, such as:

- People on low incomes.
- People who suffer from poor mental health.
- People who are not meeting physical activity guidelines.
- People who are homeless.
- People lacking confidence.
- People who are unemployed.
- Military veterans.

- People who are experiencing substance abuse.
- People who are ethnically diverse.
- Refugees and asylum seekers.
- People experiencing transport poverty.
- People with perceived barriers to cycling.

Funding can be used for costs including but not limited to:

- Staff costs.
- Volunteer expenses, such as refreshments and travel.
- Equipment purchases, including tools, bikes, bike parking, locks, helmets, high-vis jackets, and pumps.
- Equipment hirings, such as cones, high-vis jackets, helmets, or bikes.
- Consumables, including brake pads, inner tubes, cables, lubricant, or small parts.
- Venue hires or location fees.
- Participant refreshments such as reasonable drinks and snacks
- Promotion costs
- Transport, including transportation of goods to and from the event location
- Personal Protection Equipment.

Funding is for activities delivered between 15 May 2023 and 30 September 2023.

The deadline for applications is 31 July 2023.

Healthy Heart Grants Now Open for England Applications

Working in partnership with the SUBWAY franchise, Heart Research UK is accepting applications to the next round of its programme for the promotion of heart health. With each region of the UK having its own funding window, the current round is open for groups in England. Two grants of £15,000 each will be awarded.

Funding is for new projects that work with communities to prevent heart disease, particularly for vulnerable and isolated groups of individuals who are at an increased risk of developing heart problems in the future. Projects that are likely to have a big impact and have considered novel ways to encourage people to look after their hearts and promote positive lifestyle changes are also sought.

Activities must focus on one or more of the following risk factors of heart disease:

- Nutrition and Healthy Eating.
- Physical Activity.
- Smoking.
- Alcohol.

Not-for-profit organisations with a turnover of less than £1 million are eligible to apply. This includes charities, community groups, voluntary organisations, and sports groups. **The deadline to apply is 8 June 2023.**

Co-op Local Fund Reopens for 2023 Applications

Voluntary, community and social enterprise (VCSE) organisations across the UK and Isle of Man can now apply for grants from the Co-op Local Community Fund, which allows Co-op members to support the projects they care most about.

The grants will be awarded for projects around Co-op food stores and funeral homes that:

- Bring people together to access food.
- Help to improve people's mental wellbeing.
- Create opportunities for young people to be heard and make a difference.
- Help people to save and restore nature or tackle climate change.

Funding is determined by Co-op community members who vote on the project they wish to support in their local community. The more Co-op members that support the project and shop at Co-op, the more money groups will receive.

In most areas, this is between £1,000 and £3,000 on average. Successful groups will receive a minimum of £1,000 to support their projects.

Groups can use the postcode checker on the Co-op website to receive an estimation of the average grant size in their area.

The deadline to apply is midnight on 7 June 2023.

Bupa Foundation Launches Green Community Grant

The Green Community Grants scheme is provided by the Bupa Foundation as part of its Healthy Cities campaign which aims to support one million people across the globe to improve their health each year by 2025, through restoring and regenerating nature.

The scheme is administered by Groundwork, which is a federation of charities working nationally and locally to transform lives in the UK's most disadvantaged communities.

Grants of between £500 and £2,500 are available for projects delivered between 1 October 2023 and 30 April 2024.

The funding is intended for registered charities, not-for-profit organisations, schools, local authorities and social housing providers for practical projects which help with both people and planet health.

Priority will be given to the regeneration of green spaces for community use, however other examples include:

- Improving green spaces for community activities to improve wellbeing
- Tree planting to improve air quality and biodiversity
- A school wanting to create an outdoor classroom or forest school
- A community group who would like to create an allotment
- A voluntary organisation wanting to install sustainable equipment, such as a heat pump.

This is not an exhaustive list and other project ideas are welcomed.

The deadline for applications is 30 June 2023 (12pm).
