

[HAF March 2023 Update \(02/03/2023\)](#)

[Train the Trainer: Cooking on a Budget](#)

The Healthy Lifestyles Team are running a Train the Trainer: Cooking on a Budget Course on **Monday 20th March 2023 from 10am-4pm.**

The course will provide you with the skills and knowledge to deliver safe and healthy Cooking on a Budget Sessions to your service users.

You will be provided with a Let's Get Cooking resource folder that includes recipes and activity ideas. You will also receive continued support from the Healthy Lifestyles Team to deliver your cooking sessions.

Some of the providers on the HAF Programme have attended this training and found it really useful and beneficial.

For more information and how to book on please see the attached poster.



[HAF Easter Training Programme](#)

The Easter Training Programme is on the Healthy Holidays website and places can be booked on the following courses/workshops:

- **Safeguarding** – online
- **Engaging Women and Girls Workshop** – in person
- **Emergency First Aid** – in person
- **Youth Mental Health Awareness** – online
- **L2 Food Hygiene** – online and can be done at your own convenience once you have registered for a log in
- **3 Day First Aid Qualification** (this is needed if you want to use places like Pinewood, so worth completing)
- **Level 1 Multi Skills** – Date is 29/03/2023 – the rest of the information is tbc. If you are interested please email Kirsty.leake@hullcc.gov.uk and you will be added to the interest list and we can ensure you get the information once it's all confirmed.



For more information and to book a place on any of the above courses/workshops please visit the [training page](#) on the Healthy Holidays website.

Please note all providers that are doing their own food at sessions need to ensure that all people involved the food preparation have completed the L2 Food Hygiene course.

All coaches/leaders/volunteers delivering at sessions need to hold a Safeguarding qualification.

Please share this information within your organisation so that the relevant people can book on the relevant training.

Easter Programme – Ice Skating Sessions

During the Easter Programme we will be running Ice Skating Sessions



Ice Skating Sessions

- Thursday 06/04/2023 1:15pm -3:15pm 500 places For families
- Tuesday 11/04/2023 1:15pm-3:15pm 500 places For families

A hot meal will be provided at all Ice Skating Sessions in the café for all those that attend to enjoy at any point throughout the session.

Please note when expressing interest for places, **please include all those that will be going on the ice in your number**, as all those skating will need a voucher to attend and we need to ensure we include parents/carers/guardians in the numbers as we have a capacity of 500 for each session.

Please also be aware children who need assistance on the ice will need to have a parent/guardian/carer to go on the ice to support them.

For this session you will receive vouchers to distribute to the families that are attending, these will need to be fully completed by the families with all the required details and brought to the Ice Skating session.

Please send all expressions of interest for any of the sessions above to Kirsty.leake@hullcc.gov.uk by **9am on Monday 6th March 2023**.

Easter Programme – Gravity Sessions

During the Easter Programme we will be running 3 sessions at Gravity:

- Monday 03/04/2023 2pm-3pm 100 places For ages 5-16
- Wednesday 05/04/2023 2pm-3pm 100 places For ages 5-16
- Wednesday 12/04/2023 2pm-3pm 100 places For ages 5-16



Please note that children and young people **must be accompanied** at these sessions, this can be either by you as an organisation with the appropriate leader to participant ratios or by their parent/carer/guardian.

At these sessions all participants will need to **sign in with the HAF Team** upon entry and provide the necessary details we require for the monitoring of the project, you will then need to ensure you have completed all the relevant registration information with Gravity. The HAF Team and Gravity team will be on hand to support families with this upon arrival.

A packed lunch will be provided at the end of the session for all participants, if any of your children and young people have any dietary requirements please indicate when we confirm your allocation with you. Socks will also be provided for all participants.

Please send all expressions of interest for any of the sessions above to Kirsty.leake@hullcc.gov.uk by **9am on Monday 6th March 2023**.

Easter 2023 – Monitoring



All Easter providers will have received the monitoring email with the spreadsheet attached and all the information needed to complete the monitoring the your Easter Programme.

The deadline to submit all monitoring is **12noon on Wednesday 26th April 2023.**

Please remember all monitoring must be submitted via SFX. If you need an invitation to access this please email Kirsty.leake@hullcc.gov.uk

If you have any questions on the monitoring contact Kirsty.leake@hullcc.gov.uk or Adam.McWhannell@hullcc.gov.uk

Social Media Content Plan & Assets – Easter 2023



We have created a social media content plan to share with you the key messages that will be going out across our social media platforms. It will also provide you with some key messages and digital assets that you can use across your social media too.

Please utilise this to support you in your promotion online.

Click [here](#) to access the Provider Page on the website where you can find the Social Media Content Plan and digital assets.

You will also find other relevant and useful information on the provider page too.

Healthy Holidays Website Launch

The [Healthy Holidays website](#) is being launched **to targeted groups** from **6th March 2023**, then to the wider public from **20th March 2023**. So you may start getting enquiries and bookings for your sessions soon, so keep an eye out for those.

If you are working with children, young people and families please help share the information as to where they can find out what is happening near them over the Easter Holiday.
<https://www.healthyholidayshull.org/>

Summer 2023 & Winter 2023 Application Window is now Open

The grant application is now available for the Summer and Winter Programmes. It will be done as one application. All providers should have received the grant guidance and application documents.

They can also be found on the [provider page](#) on the Healthy Holidays Hull Website.



The deadline for applications to be submitted is **12noon on Wednesday 10th May 2023**. All applications need to be submitted to Emily.Woodgate@hullcc.gov.uk

If you have any questions on the application or want to discuss you programme ideas, then please contact Adam.McWhannell@hullcc.gov.uk or Kirsty.leake@hullcc.gov.uk

[Grant Funding Support Workshop](#)

We are providing a workshop to support organisations in applying for funding.

We will be running two workshops, they will both be the same so you only need to attend one. They will be running on:

- Wednesday 26th April 2023 – in the evening, time and venue to be confirmed. Food and refreshments will be provided.
- Saturday 29th April 2023 – in the morning, time and venue to be confirmed. Food and refreshments will be provided.

Once we have finalised the details we will ensure we share these with you.

[Volunteering Opportunities – Information Needed](#)

As part of StreetGames NextGen Leadership Programme for young people they are looking to pull together a contact sheet for the young leaders to help them explore volunteering opportunities.

If your organisation is looking for volunteers or you would like some volunteer support then please can you provide the following details to ryan.naylor@streetgames.org

- Name of Organisation
- Name of contact & Contact email
- Main sports/ activities you deliver
- Location you mainly deliver e.g. East, North and West

If you have any questions or need more information please contact Ryan Naylor.

[Using a Park for Your Activities](#)

If you are using a park as part of your activity programme over Easter, you need to book the park through Hull Culture and Leisure (HCaL).

To book use of a park please complete the booking form, which can be found on the [provider page](#) of the Healthy Holidays website.



[Job Opportunity](#)

Hull Culture and Leisure Ltd are looking to recruit a Project Officer to lead the exciting delivery of the Football Foundation's Active Through Football five-year programme.

The programme aims to increase activity levels and create sustained behaviour change through a Place-based approach. Hull City Council are the lead organisation, on behalf of a consortium of partners working together to deliver a targeted plan that aims to tackle inequalities, delivering a high-quality programme of formal and informal football and recreation opportunities across three main areas of the city.

For an informal chat regarding this position, please contact Alastair Wood, Project & Development Manager on 07540 642 274.

Please note this is a fixed term contract until March 2027. Closing date: **17th March 2023**

For more information, please click [here](#).
