

[HAF February 2023 Update \(24/02/2023\)](#)

[Train the Trainer: Cooking on a Budget](#)

The Healthy Lifestyles Team are running a Train the Trainer: Cooking on a Budget Course on **Monday 20th March 2023 from 10am-4pm.**

The course will provide you with the skills and knowledge to deliver safe and healthy Cooking on a Budget Sessions to your service users.

You will be provided with a Let's Get Cooking resource folder that includes recipes and activity ideas. You will also receive continued support from the Healthy Lifestyles Team to deliver your cooking sessions.

Some of the providers on the HAF Programme have attended this training and found it really useful and beneficial.

For more information and how to book on please see the attached poster.

[HAF Easter Training Programme](#)

The Easter Training Programme is now on the Healthy Holidays website and places can now be booked on the following courses/workshops:

- Safeguarding – online
- Engaging Women and Girls Workshop – in person
- Emergency First Aid – in person
- Youth Mental Health Awareness – online
- L2 Food Hygiene – online and can be done at your own convenience once you have registered for a log in
- 3 Day First Aid Qualification (this is needed if you want to use places like Pinewood, so worth completing)
- Level 1 Multi Skills – Date is 29/03/2023 – the rest of the information is tbc. If you are interested please email Kirsty.leake@hullcc.gov.uk and you will be added to the interest list and we can ensure you get the information once it's all confirmed.

For more information and to book a place on any of the above courses/workshops please visit the [training page](#) on the Healthy Holidays website.

Please note all providers that are doing their own food at sessions need to ensure that all people involved the food preparation have completed the L2 Food Hygiene course.

All coaches/leaders/volunteers delivering at sessions need to hold a Safeguarding qualification.

Please share this information within your organisation so that the relevant people can book on the relevant training.

Easter Programme – Ice Skating Sessions

During the Easter Programme we will be running Ice Skating Sessions



Ice Skating Sessions

- Thursday 06/04/2023 1:15pm -3:15pm 500 places For families
- Tuesday 11/04/2023 1:15pm-3:15pm 500 places For families

A hot meal will be provided at all Ice Skating Sessions in the café for all those that attend to enjoy at any point throughout the session.

Please note when expressing interest for places, **please include all those that will be going on the ice in your number**, as all those skating will need a voucher to attend and we need to ensure we include parents/carers/guardians in the numbers as we have a capacity of 500 for each session.

Please also be aware children who need assistance on the ice will need to have a parent/guardian/carer to go on the ice to support them.

For this session you will receive vouchers to distribute to the families that are attending, these will need to be fully completed by the families with all the required details and brought to the Ice Skating session.

Please send all expressions of interest for any of the sessions above to Kirsty.leake@hullcc.gov.uk by **12 noon on Friday 3rd March 2023**.

Easter Programme – Gravity Sessions

During the Easter Programme we will be running 3 sessions at Gravity:

- Monday 03/04/2023 2pm-3pm 100 places For ages 5-16
- Wednesday 05/04/2023 2pm-3pm 100 places For ages 5-16
- Wednesday 12/04/2023 2pm-3pm 100 places For ages 5-16



Please note that children and young people **must be accompanied** at these sessions, this can be either by you as an organisation with the appropriate leader to participant ratios or by their parent/carer/guardian.

At these sessions all participants will need to **sign in with the HAF Team** upon entry and provide the necessary details we require for the monitoring of the project, you will then need to ensure you have completed all the relevant registration information with Gravity. The HAF Team and Gravity team will be on hand to support families with this upon arrival.

A packed lunch will be provided at the end of the session for all participants, if any of your children and young people have any dietary requirements please indicate when we confirm your allocation with you. Socks will also be provided for all participants.

Please send all expressions of interest for any of the sessions above to Kirsty.leake@hullcc.gov.uk by **12 noon on Friday 3rd March 2023**.

Easter Programme – Rebound Sessions

We will be running a session at Rebound over the Easter Programme:



Rebound Session

- Friday 14/04/2023 2pm-3pm 65 places Ages 6-16

A packed lunch will be provided at the end of these sessions for all participants to take away with them. If any of your young people have any dietary requirements then please identify these when we confirm your allocation with you.

Socks will be provided at the session also.

Please note that children and young people must be accompanied at these sessions, this can be either by you as an organisation with the appropriate leader to participant ratios or by a parent/carer/guardian.

At the session all participants will need to **sign in with the HAF Team** upon entry and provide the necessary details we require for the monitoring of the project.

Please send all expressions of interest for any of the sessions above to Kirsty.leake@hullcc.gov.uk by **12 noon on Friday 3rd March 2023**.

Volunteering Opportunities – Information Needed

As part of StreetGames NextGen Leadership Programme for young people they are looking to pull together a contact sheet for the young leaders to help them explore volunteering opportunities.

If your organisation is looking for volunteers or you would like some volunteer support then please can you provide the following details to ryan.naylor@streetgames.org

- Name of Organisation
- Name of contact & Contact email
- Main sports/ activities you deliver
- Location you mainly deliver e.g. East, North and West

If you have any further questions, please get in touch with Ryan Naylor.

Social Media Scheduling Workshop

Following on from our Marketing Consultation meetings in January, a few people asked for some support on scheduling posts on social media.

Join us for a session on how to schedule social media posts, so we can support you in the promotion of your Healthy Holidays Easter activities. There will be opportunities to ask questions, get clarification and get support on all things social media.

The workshop will take place on teams on **Wednesday 1st March 10:30am-11:30am**. Here's the link to join the meeting.

[JOIN US](#)

If you can't make it and need support please email Kirsty.leake@hullcc.gov.uk and we can ensure information is passed on to you and you get the support you need.

Job Opportunities

Please see below for two vacancies within the Healthy Lifestyles Team to work on the First 1001 Days themed Early Help Activity Co-ordinator project:

https://www.hullcc.gov.uk/jobs/early-help-children-and-family-services-directorate-early-help-activity-coordinator-2-posts-fixed-term/30351.job?fbclid=IwAR3mTkGY2nzn_f3AmWYg67RxPLOIJ3MxPkluN0ci-nYq8HcNQOdCFI4hJKI

One role is part time maternity cover (22.5 hours) until October 2023 and another full time (37 hours) until March 2025. The roles will deliver frontline play and development sessions across the Children's Centre network in order to provide targeted support for parents and carers who have children aged 0-2 to assist in areas such as speech and language, parent / child bond and attachment etc.

Further to Hull receiving the Department for Education/Department of Health and Social Care's Family Hubs and Start for Life funding, Early Help are recruiting a Workforce Development Officer.



The poster features a blue and purple color scheme. On the left, there is a stylized graphic of a speech bubble containing the text 'Early Help'. The main heading is 'JOB OPPORTUNITY' in large, bold, blue letters. Below this, two questions are posed in purple text: 'Do you have a passion for supporting staff to improve their skills and knowledge?' and 'Would you like helping local families get the support they need?'. A dark blue banner at the bottom contains the text 'JOIN THE TEAM!' in white, followed by a paragraph in white text describing the role. At the very bottom, a light blue box contains the text: 'This is a fixed term post until 31st of March 2025. The closing date for applications is Sunday 26 February 2023.' A decorative circular graphic is located in the bottom right corner of the poster.

Early Help

JOB OPPORTUNITY

Do you have a passion for supporting staff to improve their skills and knowledge?

Would you like helping local families get the support they need?

JOIN THE TEAM!

Early Help are recruiting a Workforce Development Officer to lead on the development, implementation and evaluation of a multi-agency workforce development plan to support the First 1001 days work across Hull and the Early Help partnership.

This is a fixed term post until 31st of March 2025.
The closing date for applications is Sunday 26 February 2023.